



Cambridgeshire DofE Open Award Centre
BUSHCRAFT and CONSERVATION Gold DofE Residential 2024
Wednesday 14th August to Sunday 18th August



Cambridgeshire DofE Open Award Centre are pleased to offer a new and exciting residential opportunity to Gold Award Participants.

- Would you like to learn a selection of interesting bushcraft and survival activities?
- Would you like to cook homemade food over open fires, carve cutlery, make a whistle?
- Would you like to learn something about environmental conservation and regeneration?
- Would you like to complete a John Muir Award?

We have these activities and many more in our 5-day itinerary.

The Countryside Regeneration Trust <https://www.thecrt.co.uk/> and Cambridgeshire DofE Open Award Centre will work together to deliver our Bushcraft and Conservation residential. We will camp in field/woodland owned by the Trust. Learning Bushcraft and survival skills with experienced DofE Centre leaders, whilst also helping with conservation and environmental protection tasks in the local area under the guidance of CRT staff.

The location has very easy access from the M11 motorway Junction 11 or Junction 12

When: Weds Aug 14th to Sun Aug 18th

Where: Drop off point: 12 Bennell Court, West Street, Comberton, Cambridgeshire, CB23 7EN. What3Words location: **undivided.bars.airless**

Arrive: 11:30 DAY 1 **Leave:** 15:00 DAY 5

Cost: £190 (or EARLY BIRD price £180 if paid by Dec 31st 2023)

What is included: ALL meals, snacks and drinks from lunch on Day 1 to Lunch on Day 5

Hot and Cold breakfast every day, sandwich lunch and the home cooked campfire cooking every evening is sumptuous and filling! We promise you will not be hungry

Campsite fees (Please bring your own tent)

Use of all tools required

Adult DofE Leadership support throughout

A selection of bushcraft and survival activities delivered by experienced Bushcraft leaders

A selection of environmental activities provided by CRT staff

Completion of the John Muir Award. <https://www.johnmuirtrust.org/john-muir-award>

What should I bring: Lots of energy and a smile! PLUS the following items.

You will get muddy and dirty so make sure you bring old clothes.

Old trainers	Small backpacking Tent	Personal First aid kit
Walking boots	Sleeping bag	Insect repellent
Waterproofs jacket and trousers	Day Sack	Handsan
Shirts	Sleeping mat	Toilet paper & Wet wipes
Shorts	Torch + spare batteries	Face flannel
Underwear	Knife fork spoon	Small towel + toiletries
Trousers (not jeans)	1 litre water bottle	Box of matches
Wellington boots	Large Plate + large bowl	Small notebook + pencil
Sunhat + sun cream	Mug	Pack of cards/small game
Hat/scarf/warm gloves		Camera
Leather work gloves	Bushcraft knife if you have one	
Hiking backpack	Dishcloth/scourer	
Fleece warm layer	Tea towel	



How to apply?

Fill out the online application form via the link. <https://forms.office.com/e/3AH6YRpE2a>

You can also use the QR code to access the form.

Pay the fee by BACS, AND please send us the amount paid, date paid and payment reference on your application form

Please pay Cooperative Bank, 1 Balloon St, Manchester, M60 4EP
 Amount £190 (or EARLY BIRD price £180 if paid by Dec 31st 2023)
 Sort Code 08-92-99
 Account Name Cambridgeshire DofE Open Award Centre
 Account No 67215922
 Quote Ref GOLDRES _ _ _ _ _ (insert surname and initials)

We will confirm your place once payment has been received.
 We have a maximum of 24 places available on this course.

If you need more information please email tracy.grant@cambridgeshiredofe.co.uk
 or call Tracy Grant on 07770222402

CRT/DofE Gold Residential Project Programme

Check out the outline plan below. Tasks will be decided when we arrive and depend on the weather.

Day		AM		PM		Evening
1		Participants arrive 11:30am	Lunch	Set up camp Tour of the site Introduction to CRT Project work choices and The John Muir Award.	Dinner	Get to know each other. Evening games Campfire cooking
2	Breakfast	Bushcraft or CRT Project Work	Lunch	Bushcraft or CRT Project Work	Dinner	Campfire cooking

3	Breakfast	Bushcraft or CRT Project Work	Lunch	Bushcraft or CRT Project Work	Dinner	Campfire cooking
4	Breakfast	Bushcraft or CRT Project Work	Lunch	Bushcraft or CRT Project Work	Dinner	Last night meal
5	Breakfast	Bushcraft or CRT Project Work	Lunch	Debrief and feedback Break camp and pack Feedback and review for The John Muir Award Participants depart 3pm		

Accommodation by camping. There are basic woodland toilet and basic woodland washing facilities.
All mealtimes and evening activities and bushcraft activities to be supported by DofE Staff
Daytime AM and PM environmental project work to be supported by CRT Staff.

Possible Activities

Activities may vary depending on the weather and the season.

The list is not exhaustive and activities may be added or removed when we have confirmed the skills of the staff supporting your residential experience.

BUSHCRAFT	CONSERVATION/ENVIRONMENTAL WORK
Fire lighting from natural materials (inc fire by friction)	Reinstatement of a blocked stream meander
Knife work and sharpening	Himalayan Balsam removal (waders provided)
Cutlery carving	Tree clearance
Game preparation and cooking (fish, pigeon, rabbit, deer)	Willow Osier maintenance
Camp cooking over open fires	Crayfish trapping (American crayfish, invasive species)
Leather work	Tree guard removal
String and cordage from natural materials	Path clearance around a stream meander
Willow weaving with fresh willow	Nettle removal
Use of axe and saw to fell a tree	Hay making in the flower meadow using traditional tools
Foraging	Ragwort removal from the meadows
Water purifying using natural materials	Using a trail camera set to film wildlife
Walking stick making	